



What to do in a health emergency



When should I call an ambulance?

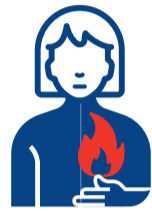
An immediate, life-threatening emergency needing an ambulance may include:



Chest pain or chest tightness



Sudden numbness or paralysis of the face, arm or leg



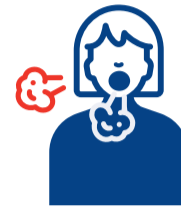
Large burns



Serious accidents



Severe bleeding



Difficulty breathing



Extreme pain



Unconsciousness

Not sure if your situation is an emergency? **Call Triple Zero (000) and the call taker will help you.**

Where is your emergency?



Say 'ambulance' and then the **language you speak in English.**



When it's not an emergency, what can I do?

Speak with a Pharmacist



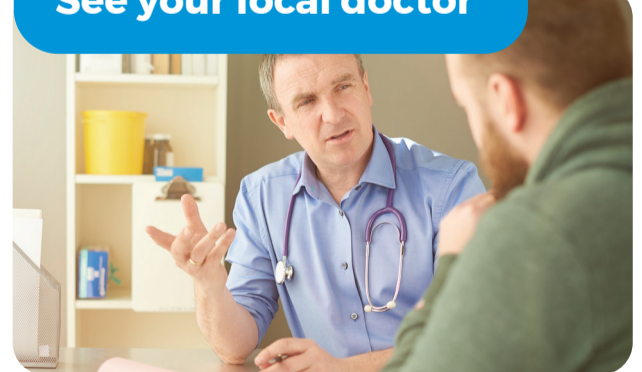
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Ring Nurse-On-Call



 **1300 60 60 24**

See your local doctor



 **13SICK National home doctor**

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