



Free CPR and AED Awareness Pilot Program

Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) curriculum aligned 50-minute lesson.

The Call Push Shock CPR and AED awareness program is an Australian-first pilot in Victorian schools to teach Year 7 students the skills needed to save a life and improve cardiac arrest survival rates.

The program is designed to be delivered by Victorian teachers and is aligned with curriculum learning areas. Thousands of Victorians suffer an out of hospital cardiac arrest each year. A cardiac arrest occurs when the heart suddenly stops. For every minute without intervention, a person's chance of surviving decreases rapidly. **But when a bystander does CPR, a person is twice as likely to survive.** If an AED is used, this survival rate dramatically increases. With over **75 per cent of cardiac arrests occurring at home**, everyone must know what to do, so that they can help to save a life.

Are you a Year 7 teacher?



To opt-in to the free of charge Pilot, scan the QR code to register your details.

After you register, the practice kits will be delivered to your school via courier. The students will keep the kits and be encouraged to take them home to teach their family and friends.

The Pilot launches Term 4 2022 and will continue until the conclusion of Term 3 in 2023.

This lesson is designed to assist students to:



- ✓ Recognise when someone is in cardiac arrest
- ✓ Learn the three simple steps of Call, Push, Shock – call Triple Zero (000), start CPR, and use an AED.

Program resources are free of charge and include:

- ✓ Curriculum-aligned lesson guide
- ✓ PowerPoint presentation complete with instructional videos
- ✓ CPR practice kit – instructional mat, rubber heart and information leaflet
- ✓ FAQs and answers
- ✓ Student participation certificate



This program is proudly supported by:



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